



Woodlands Curriculum Map PSHE

The PSHE curriculum has three core themes: health & wellbeing, relationships and living in the wider world. One core theme is delivered each term. The star symbol on this curriculum map represents topics within all three core themes that explicitly cover content within relationships and sex education.

	Autumn	Spring	Summer
Nursery	Feelings and Emotions Healthy Relationships Valuing Difference E-safety Anit-Bullying NSPCC Pants	Healthy Lifestyles E-Safety Keeping Safe Growing & Changing Hello Yellow for Young Minds	Money - My Money week E-Safety
Reception	Healthy Lifestyles Growing & Changing Keeping Safe E-safety NSPCC - Pants Anti- bullying Firework safety	Feelings and emotions Healthy relationships Valuing difference E-Safety Hello Yellow for Young Minds	Money - My Money week E-Safety
Year 1 & 2 Cycle A	Healthy Lifestyles Feelings and emotions Healthy relationships* E-safety Rights and Responsibilities* Hello Yellow for young minds NSPCC - Pants	Valuing difference* Growing & Changing Keeping Safe E-Safety	Environment Money – My Money Week E-Safety
Year 1 & 2 Cycle B	Rights and Responsibilities Feelings and Emotions* Keeping Safe* Firework Safety E-Safety	Healthy Lifestyles Valuing difference* Growing & Changing * E-Safety Healthy Relationships	Environment Money – My Money Week E-Safety



	NSPCC - Pants Anti - Bullying Hello Yellow for Young Minds	Animals including humans	
Year 3 & 4 Cycle A	Healthy Lifestyles Growing & Changing Keeping Safe Valuing difference Anti-Bullying Firework Safety E-safety NSPCC – Pants Dental Hygien	Feelings and emotions Healthy relationships* E-Safety Hello Yellow for Young Minds	Feelings and Emotions Environment Money E-Safety
Year 3 & 4 Cycle B	Healthy Lifestyles Growing & Changing* Keeping Safe Feelings and emotions E-safety	Healthy relationships* Valuing difference Feelings and Emotions E-Safety Hello Yellow for young minds	Rights & Responsibilities Environment Money – My Money week E-Safety
Year 5 & 6 Cycle A	Healthy Lifestyles Growing & Changing* Keeping Safe Anti-Bullying Firework Safety E-safety NSPCC - Pants First aid	Feelings and Emotions Healthy relationships Valuing difference E-Safety Hello Yellow for young minds Diversity Role Models	Roles and Responsibilities Growing & Changing Environment Money – My Money week E-Safety Bikeability
Year 5 & 6 Cycle B	Healthy Lifestyles Growing & Changing Keeping Safe E-safety Sex - Ed	Feelings and emotions Healthy relationships* Valuing difference* E-Safety Hello Yellow for young minds Diversity Role Models	Roles and Responsibilities Environment Growing & Changing Healthy Lifestyles Money E-Safety Bikeability